# April 2023

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### From the desk of the Principal

Spring is a busy time! and with the weather, this year's calving, spring cleaning, and planting prep have been more challenging! School is no exception, the FFA and FBLA are getting ready for their State Contests/Conventions which take place during the last week of March and the first week of April. Our band and choir students are busy with Mrs. Ottun going above and beyond as we prepare to host this year's MNAC Music contest on Tuesday, March 28th. This will help prepare our musicians to compete at the NSAA District music contest on April 19<sup>th</sup> in Ord. The Track teams are also gearing up and have a few competitions under their belt, and if we could just get some good weather, I'm sure completion would be more enjoyable for their sports season.

Besides the extracurricular events and the normal classroom activities, Spring is a busy time for assessments in schools across the State. Sargent Schools is no exception as we scheduled time to for the ACT which is the State test for all Jun-

iors. The Nebraska State Assessments for 3<sup>rd</sup>-8<sup>th</sup> graders in language arts, math, and science are the (NSCAS) Nebraska Student-Centered Assessment System. They are a challenge for both the students and staff, but I look at this as an opportunity to gather information for several resources. Parents can use these scores to measure the growth and progress of their student. Policy makers and communities use the scores to measure the performance and growth of a school system. For educators, these tests make sure we meet Department of Education requirements, but more importantly, they help us track progress and growth of basic skills and guide instruction in the classroom by evaluating what is being sufficiently covered and what needs to be adjusted.

As a parent, there are several things you can do to help your student be ready on test day: make sure they get a good night's sleep, eat a good breakfast, are on time for school, and wear comfortable clothes with a jacket in case the room would be cooler than expected. Be

sure to visit with your child about the importance of the test and to ask them how they did when they get home. If you have any questions please give Mrs. Schauda or your child's classroom teacher a call.

There is one more maior event that occurs on April 15<sup>th</sup>, PROM! Prom is always an exciting time for everyone involved. The Juniors and their sponsors have been busy preparing things and I am sure that it will be a night to remember. I'd like to invite all the parents, grandparents, and community to come to see the grand entrance. You and your children put a lot of emotional energy into the event and it is only fitting that you see things get started. I look forward to seeing you there!

Until next Month, Go Wolves!

# Mid-Nebraska Activities Conference 2022 - 2023 All-Conference Boys Basketball

4 .	
Ist	Team

Name School		Grade
Clayton Moore	Mullen	12
Max Kostman	Hyannis	12
Kyle Cox	Sandhills-Thedford	10
Cache Gracey	South Loup	11
Trey Connell	South Loup	11
Rylee Anderson	Hyannis	11

#### 2nd Team

Name	School	Grade
Brady Dahlberg	Sandhills-Thedford	11
Blake Lusk	Brady	12
Luke Durfee	Mullen	11
Kyle Kramer	Sandhills Valley	10
Rylie Shirk	Brady	11
Cooper Fay	Cody-Kilgore	11

#### **Honorable Mention**

Name	Name School	
Quinten Myers	Anselmo-Merna	11
Kyle Finney	Mullen	11
Caleb Burnside	Sandhills Valley	12
Kane Delatour	Arthur County	10
Dillon Miller	Brady	12
Cooper Layher	Sandhills Valley	11
Andrew Furrow	Sandhills-Thedford	12
Dakota Storer	Arthur County	12
Wyatt Phillips	Hyannis	12
Waylon McBride	Twin Loup	11
Silas Cool	South Loup	12

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### Mid-Nebraska Activities Conference 2022 - 2023 All-Conference Girls Basketball

	1st Team	
Name	School	Grade
Dayle Haake	Sandhills-Thedford	11
Ava Pandorf	South Loup	12
Shaylyn Safranek	Anselmo-Merna	12
Jaylen Dimmitt	Sandhills Valley	11
Bryn Schwarz	South Loup	11
Kathryn Folkers	Twin Loup	12

	2nd Team	
Name	School	Grade
Tenley Rasmussen	Sandhills-Thedford	12
Whitney Jennings	Mullen	12
Elsie Ottun	Twin Loup	12
Makenna Miller	Anselmo-Merna	10
Jaedin Johns	Arthur County	11
Taylor Ross	South Loup	12

	Honorable Mention		
Name	School	Grade	
Elise Golter	Brady	12	
Faith Ferguson	Hyannis	9	
Alexis Mauler	Twin Loup	12	
Abigale Nicholson	Sandhills Valley	11	
Jacei Spangler	Arhtur County	12	
Karley Haake	Sandhills-Thedford	10	
Aubree Johnson	Cody-Kilgore	11	
Tierston Moore	Mullen	9	
Charlsie Teahon	Sandhills-Thedford	11	





Elementary Yearbook are \$20

Junior High/High School Yearbooks are \$30

Sargent Public School Sargent, NE 68874 Phone (308) 527-4119

PO Box 366

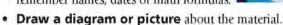
Contact Mrs. Tobias 308-527-4119 or emily.tobias@sargentpublicschools.org

## Share strategies that help your middle schooler retain learning

The time students spend learning, in class and at home, is only effective if they can remember and use what they learn. This can be challenging, because the human brain is wired to forget.

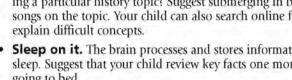
To improve recall of learned information, encourage your middle schooler to:

- Verify understanding. It's tough to memorize something if you don't know what it means in the first place.
- · Restate the material. Putting topics into your child's own words can help the concepts stick.
- Set facts to music. Suggest that your child make up a tune or simple rhyme to remember names, dates or math formulas.



- Dive into entertainment media on the subject. Is your child studying a particular history topic? Suggest submerging in books, movies and songs on the topic. Your child can also search online for videos that explain difficult concepts.
- **Sleep on it.** The brain processes and stores information while people sleep. Suggest that your child review key facts one more time right before going to bed.

Source: L. Gravitz, "The Forgotten Part of Memory," Nature.





### Self-respect leads to respect for others

Self-respect is not only vital for students' mental well-being, it also paves the way for respect for others. A self-respecting child feels worthy of fair treatment, and sees that it would be out of character to treat others differently.

To nurture your child's sense of self-respect:

- Help strengthen resistance to negative peer pressure. Discuss ways to avoid situations your child knows are not right.
- Look for the positive. Everyone experiences setbacks. Reinforce that these are temporary, and that your child can make a fresh start and succeed.
- Highlight your child's strengths. Explain that everyone has different strengths and weaknesses. This helps children control feelings of jealousy.
- Set an example. Speak positively about yourself, and forgive your mistakes. Be honest and follow through with commitments.

Source: S. Covey, The 7 Habits of Highly Effective

#### Watch water climb upward

Help your child discover capillary action with this colorful science experiment. Together, line up five clear cups, then:

- 1. Fill cups 1, 3 and 5 halfway with water, and add a few drops of food dye to each (red in 1, yellow in 3 and blue in 5).
- Twist four paper towels into snakes.
- Put one end of a towel into cup 1, and the other end into cup 2. Repeat with a towel going from cup 2 to 3, and so on.
- 4. Wait a day. What happens?

The empty cups now contain orange and green water! Capillary action draws the water molecules up the towels and into the next cup. This is the same process that roots use to draw water up into plants.



Source: "Capillary Action and Water," U.S. Geological Survey.

#### Learning math is a process

When middle schoolers are learning something new in math, it can often be hard at first. In those times, talk about the process. Math builds on itself, step by step. Talk about how far your child has come, and how the new skills your child is developing will make the next step make sense.

#### Encourage a contest entry

Want to spur your child to develop talents and interests? Suggest entering a contest. Contests can:

Motivate excellence. Competition may drive your child to deliver a "personal best."



Boost self-image. Win or lose, your child will have taken a healthy risk.

To find a suitable contest, ask the school or a librarian. Be sure to research sponsors and rules-you should not have to pay or provide personal financial information.

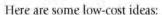




# How can I enrich my child's stay-at-home spring break?

Q: Our budget won't stretch to travel over spring break and my child is disappointed. How can we make the most of the week at home without breaking the bank?

**A:** Don't worry. Travel is only one way to provide interesting learning experiences for your child. You can plan a few entertaining and educational things to do together at home during the break.





- Visit local attractions. What draws visitors to your area? Are there historic sites, state parks or distinctive geographical features nearby? Explore together and help your child see your hometown with fresh eyes.
- Help your child "shadow" a person working in a career of interest.
   See if you can arrange a day when your child can volunteer or observe.
- Tour a nearby college. You don't have to schedule anything formal—just walk around campus. Or spend some time looking at college websites to see what courses, locations and sizes appeal to your child.
- Host a movie night. If possible, invite a school friend of your child's
  over for popcorn and a movie based on a book. Then challenge your child
  to read the book and tell you which was better.



### Are you on board to reduce absences?

Absences from school contribute to learning gaps, and they increase the chances that students who fall behind will stay behind. Are you doing all you can to ensure regular, on-time attendance? Answer yes or no below:

- \_1. Do you make school attendance a family priority?
- \_2. Do you have your child take steps that help with timely arrival, such as using an alarm clock?
- \_3. Do you emphasize that you won't tolerate your child skipping classes?
- 4. Do you schedule appointments and activities for times when school is not in session?
- \_\_\_\_5. Do you work with the school to make sure you are

alerted if your middle schooler is not in class?

#### How well are you doing?

More yes answers mean you are reinforcing the importance of attendance all year long. For each no, try that idea.

> "Resetting daily attendance habits is attendance habits is essential to recovery." \_Attendance Works

#### Help your child move beyond discouragement

Low grades can drain your child's confidence and motivation to keep trying. If your middle schooler is discouraged about grades:

- Make it clear that while grades matter, they don't measure your child's worth.
- Help consider causes. Ask what your child thinks the problem is. Sometimes it's not academic ability, but poor study habits or test anxiety.
- Contact teachers for their views about what's happening.
- 4. Set realistic goals for improvement.

#### It's OK to ask for help

School counselors support students' overall wellbeing—emotional and physical wellness as well as academic needs. You and your child can ask counselor for help:



- · Developing study skills.
- Planning an academic path to prepare for future classes.
- Strengthening coping skills for dealing with bullies, grief or other crises.
- Locating additional professionals for academic, personal and family support.

#### Help your child volunteer

Participating in volunteer and community service activities can improve your child's self-image—and maybe grades, too. Research shows that students who volunteer:

- Are more likely to stay in school and perform well.
- Are more responsible and feel more connected to their community.
- Are less likely to take dangerous risks.

Source: "Civic Engagement: Benefits for Youth," Youth.gov.

#### Helping Students Learn®

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#### FBLA NEWS

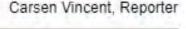
On Tuesday, March 21st, our FBLA chapter hosted the 10th Annual Kids Carnival. Tickets were \$5 and each student received a prize of their choice before they left. The games included: bowling, ball pong, face and nail painting, cakewalk, football throw, corn hole, obstacle course, basketball shooting, Hot Wheels racing, hover soccer, and a giant Sorry game. The Wolf Den was open for business and there was also a concession stand. The concession stand was provided by the girl's basketball team with bulldogs, water, Gatorade, pop, candy, and puppy chow. About 75 rambunctious kids showed up ready to play games at this year's Kid's Carnival. The money from the carnival went to the Dickerson family. A huge thanks to those who helped and attended.

A new experience for our FBLA members took place on Monday, March 27th when we were visited by the Leadership Custer County members. Around ten professionals came to our school to learn more about our FBLA chapter and ask about critical issues facing our students. Melissa, Cassidy, and Tallin presented their Partnership with Business project to practice for State Leadership Conference and also answered questions raised by the leadership group. It was a great experience for our FBLA members.

Another work in progress is the preparation for the State Leadership Conference. The conference will be held in Kearney April 3rd-5th. The attending students include: Paige, Janessa, Ava, Cassidy, Melissa, Tallin, Marisa, Kooper, LoReena, Hayden, Carsen, Corbin, and Ally. Many of the kids have already pre-submitted reports and taken tests. These hard working students will have the opportunity to compete in diverse competitions, participate in interactive workshops, attend presentations by business leaders, and make connections with other students across the state. Good luck to those attending!!















# **Quiz Bowl**

The Sargent Quiz Bowl teams had another successful year at the buzzers. Seemingly as is always the case, there were scheduling challenges, but the team persevered and showed well when the competitions began.

The high school team started the year at Anselmo-Merna, where Hayden Nelson and Melissa Slagle led the team to a runner-up placing. The MNAC conference meet was in Callaway, and we were missing many students to FFA districts. But those that were able to attend gave a great effort. The final competition of the year was in Kearney for the ESU 10 meet, where the team won once and lost twice against some pretty stiff competition.



The junior high squad had a very strong year. They also started the year in Merna, where they narrowly missed out on finals by a tie-breaker. Unfortunately, they missed the ESU 10 meet because is was on the same day as our conference meet, but at the MNAC tournament the team went 5-2 and brought home third place medals. This year's team had an exceptionally balanced attack with Maci Smith, Luqman Harris, Corbin Bye, and Travin Schauda leading the way.



#### Read Across America was February 27-March 3, 2023

By Kina Stefka

We hope you were able to watch the Facebook live during our Rap contest of Mr. Brown Can Moo Can You On March 3rd. Our Kindergarten through Sixth-grade classes each worked hard all week to perfect their version of the Dr. Seuss Rap. If you did not get to see it you might want to go to the Sargent Public Schools Facebook page and check it out!

The Senior class had the incredibly hard job of judging each class and it came down to a Rap off between the 6th grade and the 3rd grade with the 3rd graders taking home the trophy!





#### We celebrated each day with the following theme

**Monday:** Mr. Brown Can Moo Can You? Dress in all BROWN Thanks to a donation from the Salvation Army every K-6 student got their own copy of Mr. Brown Can Moo! Can You? And we will be working on rapping

# Tuesday: My Many Colored Days each class wore their assigned class colors.

Activity: We made a Giant Pop It poster for the hallway using each class's color, and then we practiced rapping our book!

Wednesday: 500 Hats of Bartholomew Cubbins - We all wore our favorite hat Activity: Made a Thing One and Thing Two hat and then practiced rapping our book!

### Wednesday: 500 Hats of Bartholomew Cubbins - We all wore our favorite hat

Activity: Made a Thing One and Thing Two hat and then practiced rapping our book!





**Thursday:** Character Parade - We dressed like your favorite Dr. Seuss Character while the high school students lined the hall and cheered the elementary students as they walked through the halls to get their Dr. Seuss treat/snack at the end.

# Friday: School Pride Day - Wear your favorite Wolf attire

Activity: We had our rapping contest with Mrs. Phillipps being the MC of this fun event! She did an amazing job!

Thank you to all of the teachers and the high school students and the Senior class for all of your help in making this such a fun and successful week for our students!

#### Wayne State Honor choir

Band students from Loup County Public School and Sargent Public School attended a Middle School Music contest in Wayne on March 8. This was a first for all of these students and it proved to be a very successful venture. Congrats to the following students for their accomplishments at the Middle School Band contest. Students were given oral and written comments by judges. A 'superior' is the highest award with 'excellent' being the next highest.

#### Twin Loup 7/8th grade:

Corbin Bye-Superior cornet solo;

Annalise Kitt-Superior alto sax solo;

Alli Smith-Superior flute solo;

Maci Smith-Excellent clarinet solo;

Mixed Ensemble-Corbin, Annalise, Alli, Maci-Excellent;

(Loup County Junior High were attending History Day so were unable to compete)

#### Loup County 5/6th Grade:

Atziry Estrada: Superior flute solo; Ellis Fales: Superior baritone solo; Ayden Myers: Superior trombone solo; Carter Petersen: Superior alto sax solo;

Zoe Slagle: Superior snare solo; Allyson Starr: Excellent clarinet solo; Liam Stecker: Superior trumpet solo; Alfred Switzer: Superior trombone solo;

Izzy Shelton & Zoe Slagle: Excellent snare solo;

Atziry Estrada/Carter Petersen/Allyson Star: Excellent woodwind trio;

Carter Petersen & Allyson Starr: Superior woodwind duet; 5th/6th Grade Ensemble: Superior & Excellent Plus ratings;

#### Sargent 5/6th Grade:

Shae Castaneda: Superior alto sax solo; Nathan Lowry: Excellent clarinet solo;

Jace Mauler: Superior snare solo;

Kora McPherson: Excellent snare solo; Brent Morse: Excellent trombone solo;

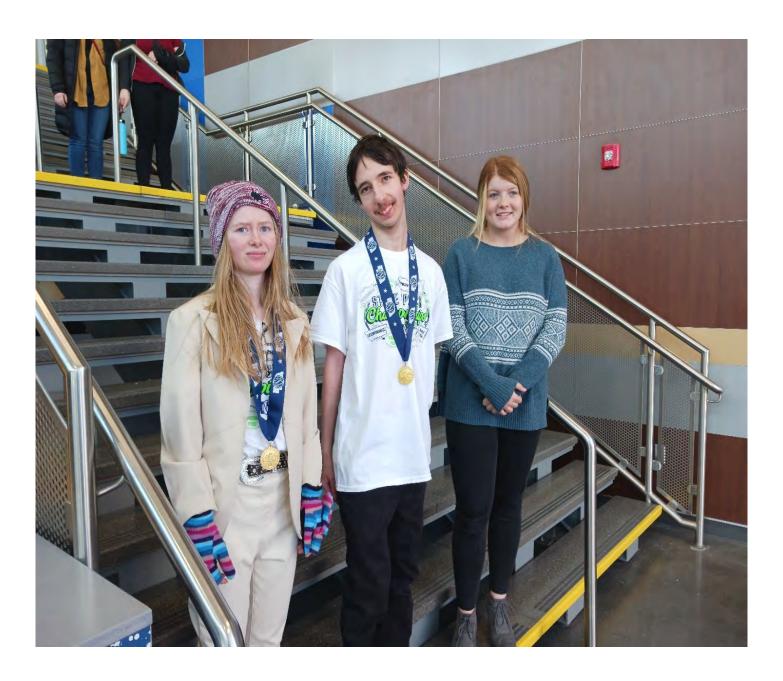
Brent Schipporeit: Excellent plus trombone solo;

Quade Smith: Superior snare solo; Jenna Wilson: Superior flute solo; Queston Young: Superior snare solo;

Jace Mauler & Queston Young: Superior snare duet;



#### STATE SPEECH 2023



Three Sargent High School students competed in Kearney on Friday, March 17 at the Nebraska State Speech Contest held at Kearney High School. Sarah Riddle qualified for Poetry. She performed her speech three times and ended the day with a 10<sup>th</sup> place finish. Jax Williams and Christina Lewellyn competed in the State Speech Spotlight: Open Division. Williams performed his entertainment speech, and Lewellyn performed her poetry program. Both earned a gold medal for their performances. All three team members did a fantastic job performing their speeches.

# Needing pictures of your child(ren)? We have you covered!

Pictures taken of students K-12, on behalf of the Yearbook class, have been uploaded to a website for family and friends to access and purchase.

The website can be accessed by going to the following website: http://sargentyearbook.zenfolio.com/



Once at the website, you will need to create an account, and then start adding pictures to your cart. Picture galleries can be browsed by activity/event, in hopes of making your search quicker and easier.

All proceeds go back to the yearbook class to help keep our equipment updated to better serve you.

If you have any questions, please contact Mrs. Tobias.

#### **Upcoming Events**

April 3rd—G & B Track North Central Invite @ Bassett 10:00

April 3rd-5th—State FBLA Convention

April 5th— Dare Graduation 2:30

April 5th—Good News

April 7th—NO SCHOOL Good Friday

April 10th—NO SCHOOL Easter Break

April 12th—Board of Education Meeting 8:00

April 15th—PROM

April 18th—G & B TR Overton Invite @ Overton 9:00

JH G & B Track Burwell Invite 1:00

April 19th—District Music Contest

Good News

April 27th—Elementary Music Program @ 7:00 p.m.

April 29th—G & B MNAC Track @ Arnold MNAC Art Show @ Arnold

May 3rd- High School Spring Concert @ Sargent 7:00

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**'Pi' Day**On March 14, 2023, the Sargent 7th and 8th graders decided to celebrate Pi (the relationship between the circumference of a circle and its diameter) by having slices of pie during math class!! The students enjoyed Key Lime, pecan, chocolate, strawberry, apple, and even a pie-shaped cheesecake. Pi is mathematically represented by the number 3.14, so March 14 is called Pi Day.

The Seventh grade celebrated it even more precisely at 1:59 PM on March 14th as 3.14159 are the first six digits of Pi. Thank you to all the parents, grandparents, and students who made and brought the beautiful pies, cool whip, plates, napkins, cups, drinks, and forks to celebrate in style! Maybe next year.....pizza pie?



Left to right: Bambi, Gabe, Alyissa, Maci, Brinley, Brody, Lugman



Left to the right going behind the table: Alli, Brennan, Klayton, Oran, Yahya, Corbin, Annalise, and Grace. In front: Conner, Cooper (Travin and Wyott were absent this day)

# 2022-23 3rd Quarter All A Honor Roll

Kathryn Folkers	12	All A
Alexis Mauler	12	All A
Elsie Ottun	12	All A
Ava Bottorf	11	All A
Cassidy Grint	11	All A
Melissa Slagle	11	All A
Eve Kipp	10	All A
Kooper Keefe	9	All A
Hayden Nelson	9	All A
LoReena Schauda	9	All A
Carsen Vincent	9	All A
Bambi Conner	8	All A
Luqman Harris	8	All A
Alyissa Moody	8	All A
Maci Smith	8	All A
Corbin Bye	7	All A
Yahya Harris	7	All A
Annalise Kitt	7	All A
Alli Smith	7	All A

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# 2022-23 3rd Quarter A Average Honor Roll

	_	
Rileigh Beran	12	A Average
Stetson Bottorf	12	A Average
Genesis Gomez	12	A Average
Tera Horky	12	A Average
Janessa Kettleborough	12	A Average
Slate Micheel	12	A Average
Rayven Offerdahl	12	A Average
Rikki Offerdahl	12	A Average
Rusty Oxford	12	A Average
Miles Putnam	12	A Average
Garett Schneider	12	A Average
Eberlie Selko	12	A Average
Paige Smith	12	A Average
Clare Young	12	A Average
Dejanae Davenport	11	A Average
Jeimy Gomez	11	A Average
Quincey Ryker	11	A Average
Tallin Schauda	11	A Average
Arin Smith	11	A Average
Justin Folkers	10	A Average
Ragan Mauler	10	A Average
Miranda Olson	10	A Average
Grant Ottun	10	A Average
Marisa Richardson	10	A Average
Cazen Coffman-Jones	9	A Average
Jaylin Young	9	A Average
Conner Nelson	7	A Average

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# April 2023

						1
2	G & B Track North Central Invite @ Bassett 10:00	<b>4</b> te FBLA Conventi	<b>5</b> Good News on	6	NO School Good Friday	8
9	10 NO SCHOOL Easter Break	JH G & B Track North Central Invite @ Bassett 10:00	12	13	G & B TR Burwell Invite 10:00	<b>15</b> PROM
16	17	G & B Track Overton Invite @ Overton 9:00  JH G & B TR Burwell Invite @ Burwell 1:00	Good News District Music Contest	20	21	22
30	24	JH G & B Track South Loup Invite @ Arnold 10:00	26	27 Elementary Music Program	28  MNAC JH Track Meet @ Arnold	G & B MNAC Track @ Arnold MNAC Art Show @ Arnold